

# Temptations and Solutions

Dr. Jeff Owens

On Sunday December 29, 2024, this sermon was preached to teach us the temptations we will face. For each temptation a verse was given to help us have victory over that specific temptation.

## Worry

Philippians 4:6, *“Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God.”*

## Gossip

Titus 3:2, *“To speak evil of no man, to be no brawlers, but gentle, shewing all meekness unto all men.”*

## Covetousness

I Timothy 6:8, *“And having food and raiment let us be therewith content.”*

## Anxiety

Philippians 4:19, *“But my God shall supply all your need according to his riches in glory by Christ Jesus.”*

## The Temptation to Not Pray

I Thessalonians 5:17, *“Pray without ceasing.”*

## The Temptation to Be Defeated

I John 4:4, *“Ye are of God, little children, and have overcome them: because greater is he that is in you, than he that is in the world.”*

## Lust

Psalms 19:14, *“Let the words of my mouth, and the meditation of my heart, be acceptable in thy sight, O LORD, my strength, and my redeemer.”*

## Fear

Psalms 56:4, *“In God I will praise his word, in God I have put my trust; I will not fear what flesh can do unto me.”*

## **Procrastination**

Ephesians 5:16, *“Redeeming the time, because the days are evil.”*

## **Selfishness**

Romans 12:10, *“Be kindly affectioned one to another with brotherly love; in honour preferring one another;”*

## **Lying**

Ephesians 4:15, *“But speaking the truth in love, may grow up into him in all things, which is the head, even Christ:”*

## **Losing Your Temper**

Ephesians 4:26, *“Be ye angry, and sin not: let not the sun go down upon your wrath:”*

## **Depression**

John 16:33, *“These things I have spoken unto you, that in me ye might have peace. In the world ye shall have tribulation: but be of good cheer; I have overcome the world.”*

## **Doubt**

Proverbs 3:6, *“In all thy ways acknowledge him, and he shall direct thy paths.”*

## **Disappointment**

Romans 8:28, *“And we know that all things work together for good to them that love God, to them who are the called according to his purpose.”*

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